



Summit
Community
Gardens



EATS
EAT AWESOME THINGS

SCG Welcome Packet 2024





Welcome

Gather - Learn - Grow

We are committed to fostering a vibrant and inclusive community and believe that cultivating diversity, equity, inclusion, and belonging is essential to creating a thriving and harmonious garden environment.

Success of our community garden relies on the dedication of all of our gardeners. Your involvement ensures a vibrant, safe, and bountiful garden environment.

Please take a moment to review our garden rules, responsibilities, and tips.

Land Acknowledgement

Summit Community Gardens and EATS acknowledges that the land on which we garden and gather is ancestral homeland of the Ute people and that the land throughout Utah is the ancestral homeland of the Ute, Shoshone, Paiute, and Goshute tribes. We recognize all indigenous people as the original stewards of this land and acknowledge that many practices used today in gardening originated from these people.



Orientation

Plan on attending opening day!



This year we will be hosting an opening day orientation. Everyone is welcome – new plot renters are required* to attend! This is a great way to get familiar with garden practices and meet your garden community. The orientation will cover rules, garden practices, tips, advice, as well as a Q & A.



Opening weekend is tentatively scheduled for May 11th



*If you can't make it please reach out to melissa@summitcommunitygardens.org

Garden at a Glance

Organic growing practices are best!

Use of herbicides or pesticides are not permitted. Not only are they bad for the soil, but using natural amendments will make your plants so much happier!
(more on this in Garden Tips)

Your garden needs love!

Weekly maintenance is important to keep your plants healthy and thriving. Plan to spend 2-3 hours a week in your garden.

Soil says, "Do not disturb"

To create healthy soil and increase our yield, we only work the top few inches of the soil. Tilling disturbs all the good microbes that feed our plants!

Perennials in your 2nd year

When you've gotten garden life down, ask the the Garden Director if you can plant perennials, ie: strawberries, asparagus, rhubarb, tomatillo, dill...





Maintenance Expectations

1

Gardeners are expected to upkeep their personal plot weekly, including weeding, harvesting, and any other general maintenance.

2

It is important to pull weeds in your plot before they go to seed. Weeds should be disposed of in the Spoil to Spoil bins.
If you weed common walkways this counts as volunteer time!

3

Any vegetable plant waste that is not diseased can be thrown into our compost bins. No weeds please.

4

Community tools are located in the center of the garden. Please return them after use.





Maintenance Expectations

5

Wheelbarrows are stored at the front of the garden and are for community use. Please return them after use.

6

All plots must be cleaned out at the end of the season (remove dead plants, trellises, cages...)

7

Returning renters may get approval to plant garlic, cover crop, or other fall crops.

8

There is no trash disposal in the garden. Please pack out all trash. There is a dumpster in the garden parking lot for disposal.





Even Gardens Have Rules

SCG + EATS is committed to maintaining an environment free from harassment or discrimination. If you experience disrespectful or abusive language, harassment, discrimination, witness illegal activities or activities that endanger others please reach out to our Executive Director, Helen Nadel at helen@summitcommunitygardens.org.

Harvest only from your personal plot, unless you receive permission.

Improvements can only be made to garden plots with permission from the Garden Director, ie: building a raised bed, adding mesh fencing in or above ground, etc.

Dogs are not allowed inside the garden. Please leash your furry friends outside the fence and be mindful of barking or other disruptive behaviors.

Children are welcome in the garden and encouraged to enjoy! All children should be accompanied by an adult. Please ensure your children are respectful to the garden spaces and gardeners.



Violating any garden rules may result in the loss of your garden privileges and forfeiture of crops

In the Weeds

Our goal is to create a space that is beautiful for everyone. Unfortunately when can't get to the garden, weeds take over. They multiply quickly and they not only affect your plot but creep into your neighbor's garden as well. In an attempt to keep our garden plots well cared for and our gardeners happy, we created some helpful guidelines to get you started:

- Plots should be ready for planting by **June 10** - This includes activities like weeding, tarping, planting, etc.
- If there is no activity by Father's Day (**June 16**), an email notice will be sent out to check in.
- If there is no activity by **July 1st**, unfortunately we will have to pass the plot on to the waitlist.





All Things Water

1

Drip irrigation will run twice per week in each plot, from mid May to early Oct. You may gently move tubing around your plot. Stakes are moveable. Do not twist or disconnect irrigation tubes.

2

Hoses are available for additional hand watering from 8am to 8pm. Please wrap up neatly after use and do not drop nozzles on the ground.

3

Watering cans are located in center of the garden for community use. Please return them after use.

4

Please don't tamper with irrigation boxes.

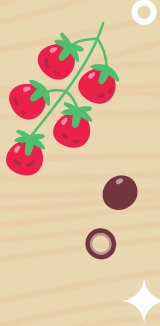
5

If there is a leak in your plot irrigation, mark with a flag, found in the center of the garden.
If you see any major leaks please notify Melissa immediately



Watering Schedule

Plot	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Snapdragon	X			X		
Cosmo	X			X		
Zinnia	X			X		
Marigold (East)		X			X	
Marigold (West)	X			X		
Carrot			X			X
Beet			X			X
Lettuce		X			X	
Spinach		X			X	
Arugula	X			X		
Radish	X			X		
Kale		X			X	



Garden Stewards



The garden is a shared space for our community to enjoy and in order to keep it looking beautiful, we rely on help from all of you! **Volunteer hours** are an important part of your plot renter commitment and go a long way in beautifying our space.

Plot renters are required to put in 8hrs of volunteer time and the garden steward teams are a great way to get those hours checked off. We have several opportunities for you to get involved with **maintenance, harvest, compost, and events**. Our Volunteer Coordinator, Kristy will be in touch with specific opportunities in March so keep an eye out for that!



Garden Tips

Organic gardening promotes and enhances natural diversity and biological cycles in our soil. Rather than relying on synthetic fertilizers and pesticides, organic gardening is based on making the garden self-sufficient and sustainable. We utilize natural amendments to build our soil and plant health. [Read more here](#)

- Always water in new transplants or seeds with a hose or watering can.
- Help conserve water and potential leaks by turning spigots off after use.
- Use straw mulch or fabric cover to help reduce water evaporation from your soil.
- Mulch also acts as an insulator in cold weather and as a barrier to the sun in hot weather.
- Rotate location of your plants are each year.



Garden Timeline

- **January & February** - Planning (location, prepare infrastructure, research companion planting, purchase seeds and seed starting materials, & season extenders)
- **March & April** - Start seedlings, continue planning
- **May** - Soil prep, tarp, transplant, direct sow cool season plants, prepare for cold weather
- **June, July & August** - Succession sow, transplant, harvest, maintenance (weeding, pest control, trellis, thinning, mulching, composting, turn over beds)
- **September** - Enjoy last of harvest, remove dead plants, prepare for cold weather
- **October** - Clear out bed and amend soil, plant garlic
- **November & December** - Enjoy any preserved food and REST!



Transplant vs. Direct Seeding



Seeds to Start Indoors:

- Broccoli
- Brussel Sprouts
- Cabbage
- Celery
- Cucumbers (can be started indoors or out)
- Leeks
- Melons
- Onions (if growing from seeds not bulbs)
- Peppers
- Squash (can be started indoors or out)
- Tomatoes



Seeds to Direct Sow:

- Beans
- Beets
- Carrots
- Corn (can be started indoors or out)
- Dill
- Kale
- Lettuce
- Parsnips
- Peas
- Potatoes
- Radishes
- Spinach
- Swiss Chard
- Turnips



Garden Resources

Seeds

- [True Leaf Market](#)
- [Johnny's Select Seeds](#)
- [Baker Creek Rare Seeds](#)

Books

- [Rocky Mountain Vegetable Gardening Guide](#)
Robert & Cheryl Moore-Gough
- [The New Organic Grower](#) Eliot Coleman
- [Vegetable Gardening in the Mountain States](#)
Mary Ann Newcomer
- [How to Grow More Vegetables](#) John Jeavons
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Websites

- [Farmers Almanac planting guide](#) **(Must click this link!)**
- [USU Growing guides](#)
- [West Coast Seeds Companion planting guide](#)
- [Square Foot planting chart](#)
- [Epic Gardening - general garden info](#)

Instagram

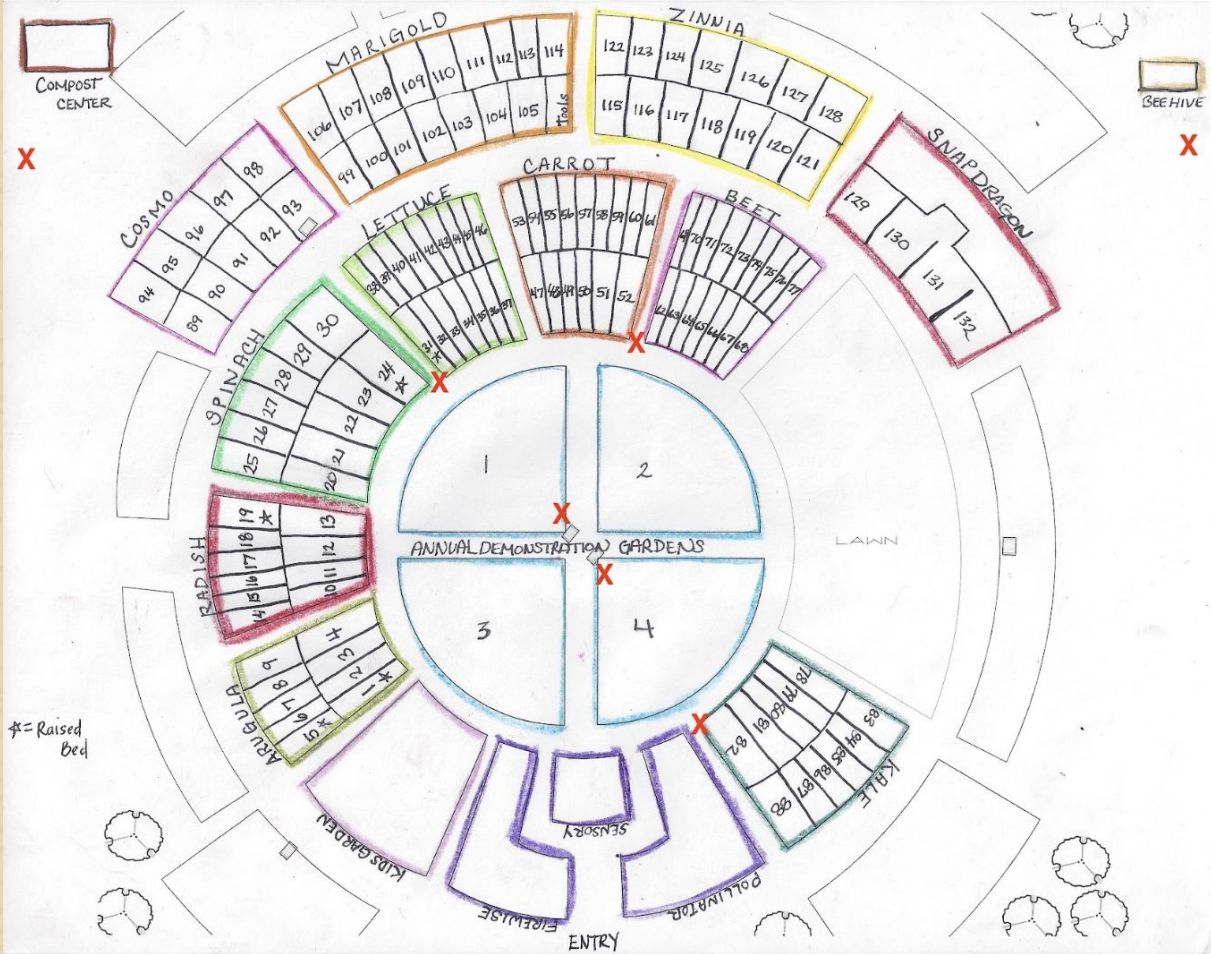
- [No Till Growers](#)
- [Mind & Soil](#)
- [Portageview Farm](#)
- [KSL Greenhouse](#)

[Season Extension Kits](#) - purchase kits from Summit Community Gardens!



Garden Map

X indicates spigots



Enjoy the season!

Have questions?

Contact Melissa:
melissa@summitcommunitygardens.org

